



BE THE CHANGE

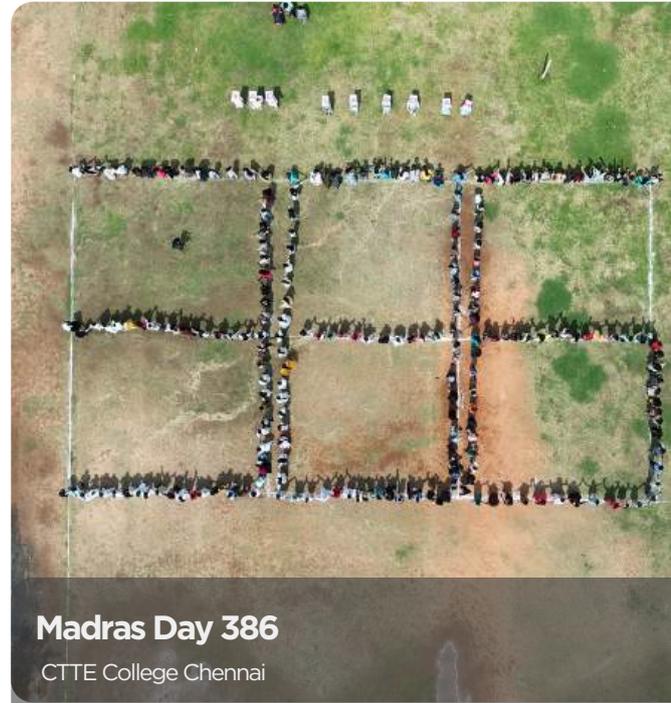
ISSUE 9
AUGUST '25



Thuvakkam's Foundation day '25

Madras School of Social Work, Chennai

More on Page 01



Madras Day 386

CTTE College Chennai

More on Page 04

Highlights of August 2025

Green Champion Award 2024

Ramanthapuram, Tamil Nadu

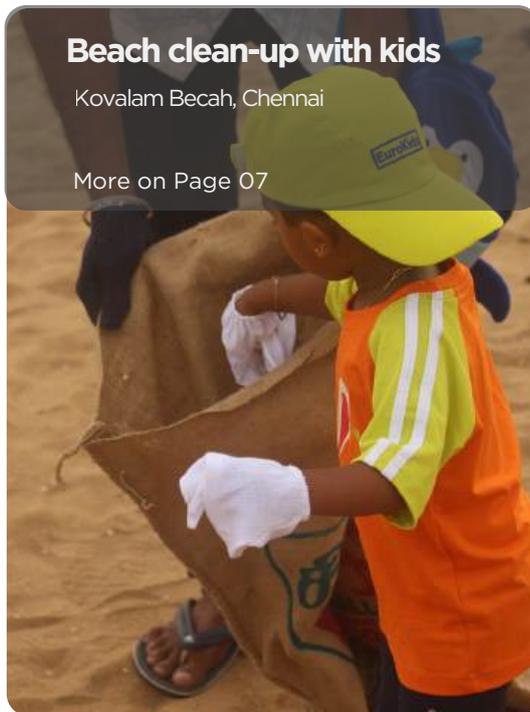
More on Page 06



Beach clean-up with kids

Kovalam Beach, Chennai

More on Page 07



Raichur Site Visit

Raichur, Karnataka

More on Page 13



Request for Partners



Project focus

This project is a comprehensive restoration plan designed to convert the space into a sustainable, climate-resilient, and community-friendly green zone. The initiative will align with the goals of improving urban ecology, reducing pollution impact, and promoting public engagement in environmental conservation.

Location

28°30'30.3"N 77°18'59.1"E
Okhla landfill,
Tughlaqabad- New Delhi



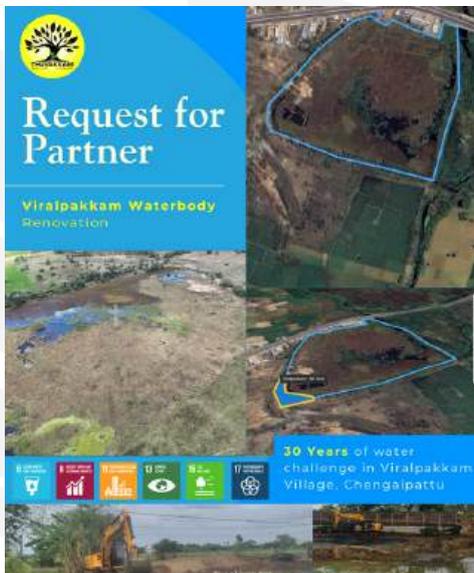
Contact us at er@thuvakkam.org for more details

Afforestation- New Delhi

Thuvakkam has ventured its pilot project in New Delhi for Afforestation aimed at improving urban ecology, reducing pollution impact, and promoting public engagement in environmental conservation.

Our Interventions shall include:

- Land Preparation
- Tree Plantation
- Infrastructure Development
- Saplings Maintenance
- Monitoring & Evaluation
- Community Engagement/ Volunteering



Project BlueZone- Chengalpattu

Thuvakkam requires partners to rejuvenate a Minor Irrigation tank in the district of Chengalpattu. We have identified potential Minor Irrigation tanks in Viralpakkam which shall be crucial for agricultural purposes.

Intervention shall include:

- Shrub Clearance
- Bund Strengthening
- Desilting
- Biodiversity Islands
- Palm Tree Plantations
- Community Engagement

Mail at er@thuvakkam.org

BE THE CHANGE

AUG 2025

FOUNDATION
DAY 25



12 YEARS IN MAKING CHANGE THUVAKKAM'S FOUNDATION DAY 2025

CELEBRATING #CHANGE SINCE 2014

Chennai- We at Thuvakkam celebrated our Foundation Day 2025, marching into the 12th year of our impactful journey, on 24th Aug 2025 at Madras School of Social Work (MSSW).

The event was graced with eminent guests lighting up the event. We had our Advisors, Board members, Partners parents, and our fellow employees who joined with us and made the event a special one. We had our eminent guests- Dr. Sultan Ahmed Ismail, Member of the State Planning Commission, Govt. of TN, Mr. Sathyagopal K, IAS (Ret), Prof. Dr. A. Kalyanasundaram, TNAU- Villupuram and the Juries of the Impact Awards 2025! who also presented the Internal and the Impact Awards for the event.

With the parents from the crowds lighting up the event, Mr. Santhosh Executive Associate-Partnership & Ms. Kanimozhi, Agronomist had us on the stage for the first half followed by Mr. Durga Prasad, Executive Associate-Programs & Volunteering & Ms. Sofiya, Jr. Agronomist who rocked the stage on the second half of the show as the hosts of the Foundation Day 2025!





As an Important mark of the year, we present the certificates for the pilot batch of the Thuvakkam Module Students. We had 15 students who were a part of the Fundamentals of Project Design which was conducted by Thuvakkam along with MSSW. Thuvakkam's Advisor Mr. Anthony Stephen- Head of Partnership, MSSW & Mr. Jeevaganth, Treasurer presented the Course completion certificates for our students!

We also lit up the stage with an exciting cultural performance led by Mr. Ajith Kumar, Associate- Administration along with fellow team mates- Ms. Bhavya, Associate- Education, Mr. Santhosh- Field Coordinator, Ms. Vaishnuva Devi- Agronomist & and others with Singing and Traditional dance performances.



Internal Awards

The most awaited Internal Awards for the year 2025, was presented in the event, with an additional category for the best supporting staff of the year. The winners of the award are listed as follows:

- **Employee of the Year- Mr. Balamurugan, Executive Associate- Community Development**
- **Emerging Employee of the Year- Ms. Beulah, Sr. Associate- Accounts**
- **Intern of the Year- Ms. Sivasankari P**
- **Volunteer of the Year- Mr. Iyyapan V**
- **Gardener of the Year- Ms. Latha**
- **Supporting Staff of the Year- Mr. Shanmugam**



JAIPUR VISITS FOR EXPANSION PROSPECTS

Jaipur- Thuvakkam in Delhi with Mr. Syed Sirajudeen, Executive Director, Mr. Praveen Kanth- Executive Associate- Solid Waste Management & Mr. Piyush Singh, Project Associate- Delhi had the opportunity to meet the Additional Chief Executive officer (ACEO) Zilla Parisad of Jaipur Mr. Sher Singh Luhadia and the Assistant Engineer Ms. Kavita Vivek on 12th Aug 2025.

Our team held an introductory presentation on Thuvakkam's works and our aspiration to work in Rajasthan, which has turned on a positive note of getting approval for working in Jaipur



AZOLLA BED PREPARATIONS



Ramanathapuram- Azolla Bed preparation works has been started in the Ramanathapuram district!

Thuvakkam under the Integrated Community cum Development Program (ICEDP) has distributed Azolla kits in the villages of Panaikulam and Orivayal in the Kadaladi block. We distributed 50 kits for 50 beneficiaries.

The Azolla bed is spread, our beneficiaries has started the cultivation of the same. Azolla is a livestock feeder which can be easily cultivated and cost-efficient for people to provide nutritious feed for milch animal and poultry. We have also provided poultry under the ICEDP for deserving families aimed at income generation. These azolla kit would add benefit for the same.

The ICEDP is funded by Global Environment Facility's UNDP- Small Grants Programme India, through the UNDP in India, Ministry of Environment, Forests & Climate Change, Government of India, and monitored by TERI - The Energy and Resources Institute.

MADRAS DAY 386

Chennai -Thuvakkam held Namma Madras Kondadattam on Madras Day 22 Aug 2025 at CTTE College Chennai, honouring the 386th Founding Day of Chennai. 386 Volunteers had participated in the event.

All the 386 students and volunteers came together to form this symbolic representation, showcasing unity, enthusiasm, and respect for Chennai's long-standing history & strength of student participation.

Students also expressed their futuristic visions for Chennai through art — by making interactive posters. The poster competition became a platform for innovative ideas and solutions for urban development.



PROJECT UPDATE- MAILAI MADAVU ERI

Chengalpattu - Thuvakkam's Project BlueZone is actively engaged in the restoration of Minor Irrigation tanks across the state, focusing on five key water bodies in the Chengalpattu district.

One of these is the Maiyilai Madavu Eri, a Minor Irrigation tank covering an area of 12.5 acres. Recognizing its potential, Thuvakkam is implementing watershed interventions to enhance water availability for irrigation in the region.

Currently, we are undertaking desilting operations to remove 6,000 cubic meters of sediment from the tank and strengthening the bunds to ensure structural stability. These efforts will increase the tank's water storage capacity to over 60 lakh litres, significantly improving irrigation water supply for local agriculture.



GREEN CHAMPION AWARD 2024

RAMANTHAPURAM, TAMIL NADU

Ramanthapuram - A sheer commitment and hard work for the past 20 months that has fruited us this feat. Thuvakkam feels immense pleasure in sharing our great milestone achieved-winning the Tamil Nadu Government's Green Champion Award 2025 for our Kalporuki Kanmai intervention in the district of Ramanthapuram.

The award was received by Mr. Jeevanantham P Sr. Associate- Community Development & Mr. Somu R Sr. Associate Projects representing Thuvakkam from the Hon' District Collector of Ramanathapuram, Mr. Simranjeet Singh Kahlon IAS as a part of the 79th Independence Day celebration. This is a great feat, happened during our Founding month of August.

Thuvakkam's inception into Ramanthapuram district was only in the year 2024 with the Small Grants Programme aimed at water and soil conservation in the region. This recognition marks our dedication for the impact that we destined to create in the region.

We once again thank everyone who has been a part of this wonderful journey in Ramanathapuram!

thuvakkam.org



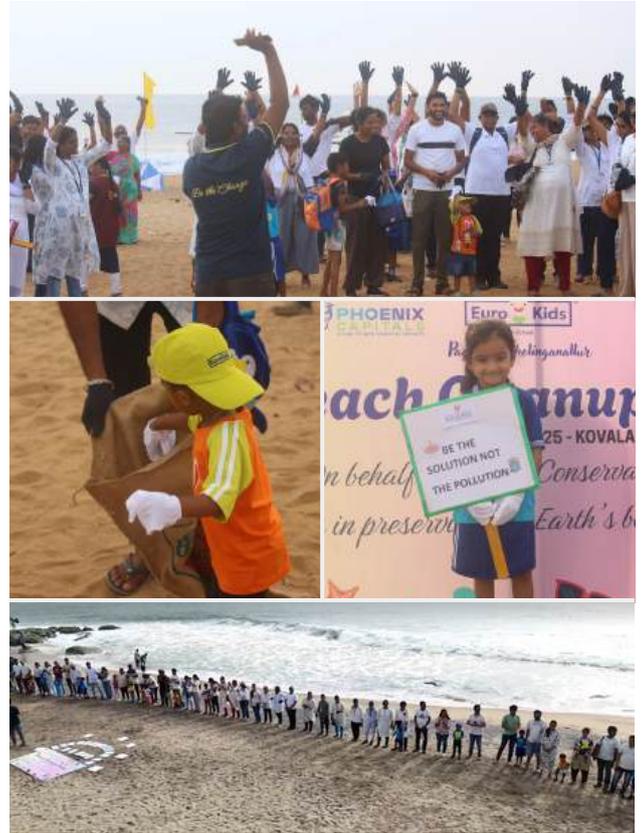
CLEANING THE SHORES WITH TINY TOTS

Chennai- Thuvakkam, in collaboration with Euro Kids Sholinganallur and Padur, successfully organized a kovalam Beach Cleanup event on August 2, 2025.

The event was truly remarkable, thanks to the enthusiastic participation of tiny toddlers and their parents who came together to make a meaningful Change.

Over 150 volunteers joined hands to clean the beach, collecting a total of 180 kg of waste. The children, guided by their parents and event organizers, learned how to safely and responsibly clear trash, making the morning not only productive but also colorful with their joyful presence.

This initiative was more than just a volunteering effort, it was a movement designed to inspire a lifelong commitment to environmental stewardship starting at a young age. We are proud to see these young champions of change leading the way toward a cleaner, greener future.



COMMUNITY EXPLORATION IN NOIDA



Delhi - The Thuvakkam team recently explored communities in Delhi NCR to identify opportunities for intervention. In Sector 5, Noida, Uttar Pradesh, they were guided by local children and met Mr. Raj Rudhr Chuhan, a dedicated community supporter. The team also attended a child's birthday celebration, deepening their connection with the community. These visits help Thuvakkam understand local challenges and plan effective interventions.

THUVAKKAM HONORS CHANGE MAKERS AT BE THE CHANGE IMPACT AWARDS 2025 EDITION 2

Chennai- Thuvakkam demonstrated its unwavering spirit of #BeTheChange by celebrating outstanding contributions in social work at the Be the Change Impact Awards 2025 Edition 2, held under the theme of Empowerment. The awards ceremony took place on Thuvakkam's Foundation Day, August 24, 2025, at the Madras School of Social Work, Chennai.

The event was graced by distinguished guests, including Dr. Sultan Ahmed Ismail, Member of the State Planning Commission of Tamil Nadu, and Dr. Sathyagopal K IAS (Retd), former member of the National Green Tribunal, adding prestige to this joyous and meaningful occasion.

The award nominations were opened on August 9, 2025, and saw a remarkable response with over 60 participants competing. After a rigorous selection process and presentations by shortlisted nominees, the jury faced the challenge of choosing winners due to the high standard of entries. To recognize exceptional contributions beyond the winners, a Jury's Special Mention category was also introduced.



AWARD WINNERS

Individual Category: Mr. Arjunshankar Narayanan was honored for his exemplary dedication to community care, inclusion, and advocacy for the rights and dignity of differently-abled individuals and marginalized citizens.

Organization Category: AATRUPADAI FOUNDATION received the award for its impactful awareness and outreach programs, particularly targeting Class 11 and 12 students in government and aided schools on NEET, competitive exams, and alternate career training.

Corporate Category: Space KidZ India was recognized for the Mission ShakthiSAT — an initiative empowering girl student worldwide by involving them in a real-world space mission that fosters equal opportunities in science and technology.

JURY’S SPECIAL MENTIONS

Individual category: Mr. Parthasarathy Vasudevan for his inspiring Vidhyanjali Project, aimed at increasing literacy rates and promoting arts, crafts, dance, book reading, and interschool sports among underprivileged school children.

Organization Category: Akshaya Trust was chosen for its supportive service for the old age people by providing free shelter houses. They also focus on providing quality education for the underprivileged children.

Organization Category: Talent Quest for India for its comprehensive Student Holistic Development Program, nurturing diverse talents and skills among students.



Thuvakkam continues to lead and inspire social change, fostering a community where empowerment, inclusion, and active participation are foundational principles for a better tomorrow.

THROWBACK- URBAN FOREST AT THE TNGMSSH

Article by Krishna Kumar Suresh, Founder/ President- Thuvakkam

In the heart of Chennai's bustling cityscape, amidst the towering walls of the Tamil Nadu Government Multi Super Speciality Hospital (TNGMSSH) at Omandurar, stood a dry, unused patch of land. On 19th December 2020, that empty space began its journey toward transformation. With a shared vision of a greener city and cleaner air, thuvakkam in partnership with the chennaicorp and CNSI launched a Miyawaki Urban Forest — a first-of-its-kind initiative at a government hospital in Tamil Nadu.

The initiative brought together city officials, environmentalists, healthcare professionals, and citizens. The launch was graced by: Dr. Radhakrishnan IAS, G. Prakash, IAS, P. Akash, IAS, Dr. Vimala & Dr. Anand Kumar and the late Padmashri Vivekh, celebrated actor and green warrior, whose presence inspired all.

With 2,000 native saplings planted across 10,000 sq.ft, and over 25 species selected to mimic a natural forest, the space was nurtured with care, science, and purpose. What once was dusty ground is now a dense, green haven. Towering trees, buzzing bees, cool shade, and fresh air greet thousands of patients and families who walk into the hospital campus every day.

This forest now cleans the air, reduces heat, supports biodiversity, and brings calm to a space otherwise marked by illness and urgency. It stands as living proof that when the right people come together governments, organizations, and citizens, cities can breathe again. This is not just a forest. This is a promise that every empty space holds the potential for life.



NEWS UPDATE

Home / Education / CTTE College marks 386th Madras Day with human formation and poster making contest



CTTE COLLEGE MARKS 386TH MADRAS DAY WITH HUMAN FORMATION AND POSTER MAKING CONTEST

The Department of Corporate Secretaryship at Chevalier T. Thomas Elizabeth College for Women, in collaboration with Thuvakkam NGO, organized the 386th Madras Day Celebrations on August 22, 2025, commemorating the founding of Chennai (Madras) and reflecting on its heritage, civic life, and sustainable future.

A major highlight of the event was a Human Formation titled "A Salute to the Legacy of our Beloved City". In a symbolic gesture, 386 students came together to represent each year of the city's existence, creating a striking visual tribute to Chennai's history and identity. The formation, organizers noted, was designed to foster unity, civic consciousness, and collective memory among young learners.

September 2025						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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ఘనంగా పురస్కారాల ప్రదానం

వదవవరస, స్కూన్లుడే: పర్యావరణ, సామాజిక సేవ చేసే సంస్థ 'కువాళ్ళం' తరపున 'బి డి చేజ్ ఇంస్టిట్యూట్ ఆఫ్ సోషల్ సైన్సెస్' నగరంలోని మద్రాస్ స్కూల్ ఆఫ్ సోషల్ వర్క్లో ఈ సెల 24వ తేదీ నిర్వహించింది. కాస్త్ర ప్రణాళికా సంఘం సభ్యుడు డాక్టర్ సుల్తాన్ అహ్మద్ ఇస్మాయిల్, జాతీయ హరిజన్ ప్రిజ్యూట్ మాజీ సభ్యుడు డాక్టర్ సత్యగోపాల్ అరి ములుగా పాల్గొన్నారు. సంస్థ గురువారం ఓ ప్రకటన విడుదల చేసింది. అర్జున్ శంకర్ నారాయణన్ కి వ్యక్తిగత శేటగిరిలో, సంస్థ శేటగిరిలో ఆశ్రుపాదై

working tirelessly to uplift the li the marginalized and dis...
His mission is to bring... to

అర్జున్ శంకర్ నారాయణన్కు పురస్కారం, నగదు చెక్కు లందిస్తున్న నిర్వాహకులు

పొందే వనస్ పురస్కారాలు అందుకున్నారు. ప్రభుత్వ వియజెడ్ పాఠశాలలోని 11, 12 తరగతుల విద్యార్థులను గీడ, పోజ్ పరీక్షలు, ప్రత్యామ్నాయ కేరర్ క్షేత్రాల్లో తీసుకుంటున్న చొరవ, అదర్లవంతుమైన, సమాజానికి ఉపయోగపడే కాస్త్ర ప్రణాళికా సంఘం నిర్వహిస్తున్నందుకు, కాలిఫోర్నియాలో స్ట్రాస్ కిడ్డెడ్ ఇండియా మిషన్ కిట్టాంజీతో సహా అవకాశాలను పెంపొందించే వాస్తవ ప్రపంచ అంతర్జాతీయ మిషన్లో ప్రపంచ వ్యాప్తంగా విద్యార్థులను పాల్గొనేలా చేసేందుకు తీసుకున్న చొరవకు పురస్కారాలు దక్కాయి.



► **శెన్నై పెరంబూరులో తువక్కం అధికారం మరియు CTTE కల్లూరియన్ ఇణ్ణెంతు, శెన్నైయిన్ 386వతు ఆణ్ణం మతరాలస్ నాగ్ కొణ్ణాండ్డం నికంశ్శియిల్ 386 కల్లూరి మాణవికల్ 386 వడివిల్ నిణ్ణెణ్ణర్... శెన్నైయిన్ పారంపరియత్తె కెణ్ణెణ్ణెంకం వితమాక కల్లూరి మాణవికల్ 386 వడివిల్ నిణ్ణెం ఇణ్ణి వరం కాలం మక్కల్ గప్పడి ఇరుక్క వేణ్ణం. శుణ్ణుశ్శ్రుమలె గవ్వారు పాతుకాక్క వేణ్ణం గణ్ణెం కుణ్ణిత్తు వరెపడం వరెత్తణ్ణర్..**

- In August, Express News covered CTTE College's celebration of the 386th Madras Day featuring a human formation and poster-making contest.
- Varalaru Newspaper reported the 386th Madras Day inauguration at CTTE College on August 24, 2024.
- Eenadu e-paper honored Mr. Arjunshankar Narayanan in the individual category for his exemplary dedication to community care, inclusion, and advocacy for the rights and dignity of differently-abled and marginalized individuals.

KARKA KASADARA SESSIONS

Chennai- A gender equality session was conducted at Avvai Nidhi Middle School as part of the Karka Kasadara event. The session began by addressing common stereotypes about men and women, followed by an interactive stereotype game that engaged students and boosted their awareness. The discussion then introduced gender diversity, including male, female, intersex identities, and the transgender community, prompting thoughtful questions about social exclusion and empathy. Inspirational stories of individuals breaking stereotypes—such as Birju Maharaj, Mithali Raj, Amma Revathi, and Sruthy Sithara—were shared to motivate the students. The session was well received, with students appreciating the open discussions and the chance to clear their doubts.

Thuvakkam is conducting regular Karka Kasadara classes in the school every Friday! Interest Volunteers can be a part of the event. Contact us at program@thuvakkam.org



RAICHUR SITE VISIT

WATER MANAGEMENT INSIGHTS

Raichur - The field visit to Sindhanoor block in Raichur district highlighted both the existing water infrastructure and the challenges faced in sustainable water management. Our team did Resource mapping and Group discussions in identifying the same.

Despite having functional facilities like an overhead tank and a borewell supporting domestic and agricultural needs, an underutilized water body presents a potential resource that remains unexplored. Emphasized the need for coordinated community engagement and technical assessments to optimize water use. Strengthening awareness around conservation, monitoring borewell sustainability, and fostering partnerships will be crucial for addressing water scarcity and ensuring long-term resource management in this water-stressed region.



▶ SCAN (OR) CLICK TO WATCH



Thuvakkam- Community Based Organizations



Project Greenergize- energizing schools with Solar Energy



Thuvakkam Greenery at Ramnad



PICTURE OF THE MONTH

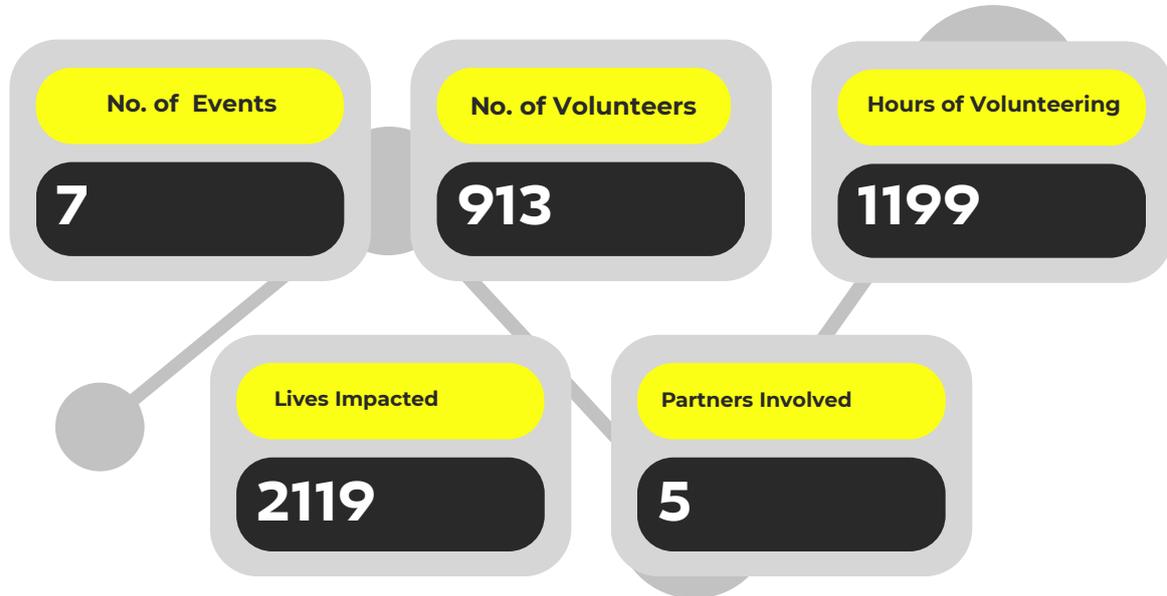
Students, parents, and community members came together for a Beach Cleanup Drive – a wonderful display of teamwork, responsibility, and care for the environment



PICTURE OF THE WEEK

Aug '25

VOLUNTEERING WALL- AUG 2025



PARTNERS WE COLLABORATED FOR AUG 2025

HCLFoundation

SGP The GEF Small Grants Programme

Chennai Willingdon Corporate Foundation

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AstraZeneca

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Kaleeswari Foundations

VPG

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NORTHERN ARC

Euro Kids Pre-School Sholinganallur / Padur

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Sri Sabari Electricals



Vista RO Systems



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Suganya Earthmovers / SD Events



I am Thenuka K, studying in my final year of B.Com at Ethiraj College for Women, Chennai.

I come from a single-parent family. My mother works very hard to take care of me and my sister.

Sometimes, it was very hard for me to continue my studies. From the time I applied to college until now, Thuvakkam has been helping me a lot. They gave me financial support and also gave me confidence and mental support to keep going. Thuvakkam played an important role in my success. Because of their help, I could focus on my studies and I am happy to say I am doing well in college. Thuvakkam's support has made my life easier and encouraged me to build a better future. I am very thankful to Thuvakkam for believing in me and helping me all along.

Thank you,
Thenuka



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Through our 'Sponsor for Success' initiative, you have the power to change lives by supporting the education of underprivileged children. Your contribution can open doors to quality learning, helping young minds rise above challenges and work towards a brighter, empowered future.

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Call us at **+91 94448 88937**



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