

THUVAKKAM



# BE THE CHANGE

Monthly Newsletter - July Edition: Vol 1. Issue 1 [www.thuvakkam.org](http://www.thuvakkam.org)



IT'S  
**CORONA  
VIRUS**  
TO WIN THE FIGHT  
AGAINST #COVID19

Stay Home Stay Safe

# Meet our Board of Directors



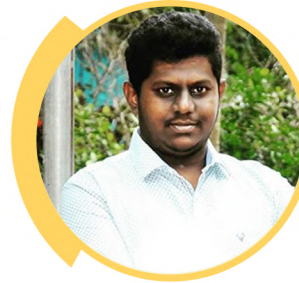
**Krishnakumar S, MSW.**

CEO



**Abhirami A, MBA/MS.**

Director  
Operations



**Sudharsan B, MBA.**

Director  
Programmes



**Saravanan M, MBA.**

Director  
Finance



**Karthik Shivaa S, MSc.**

Director  
Research & Development



**Gunasekaran S, MBA.**

Director  
Internal Relations



**Christohper A, B.E.**

Director  
External Relations

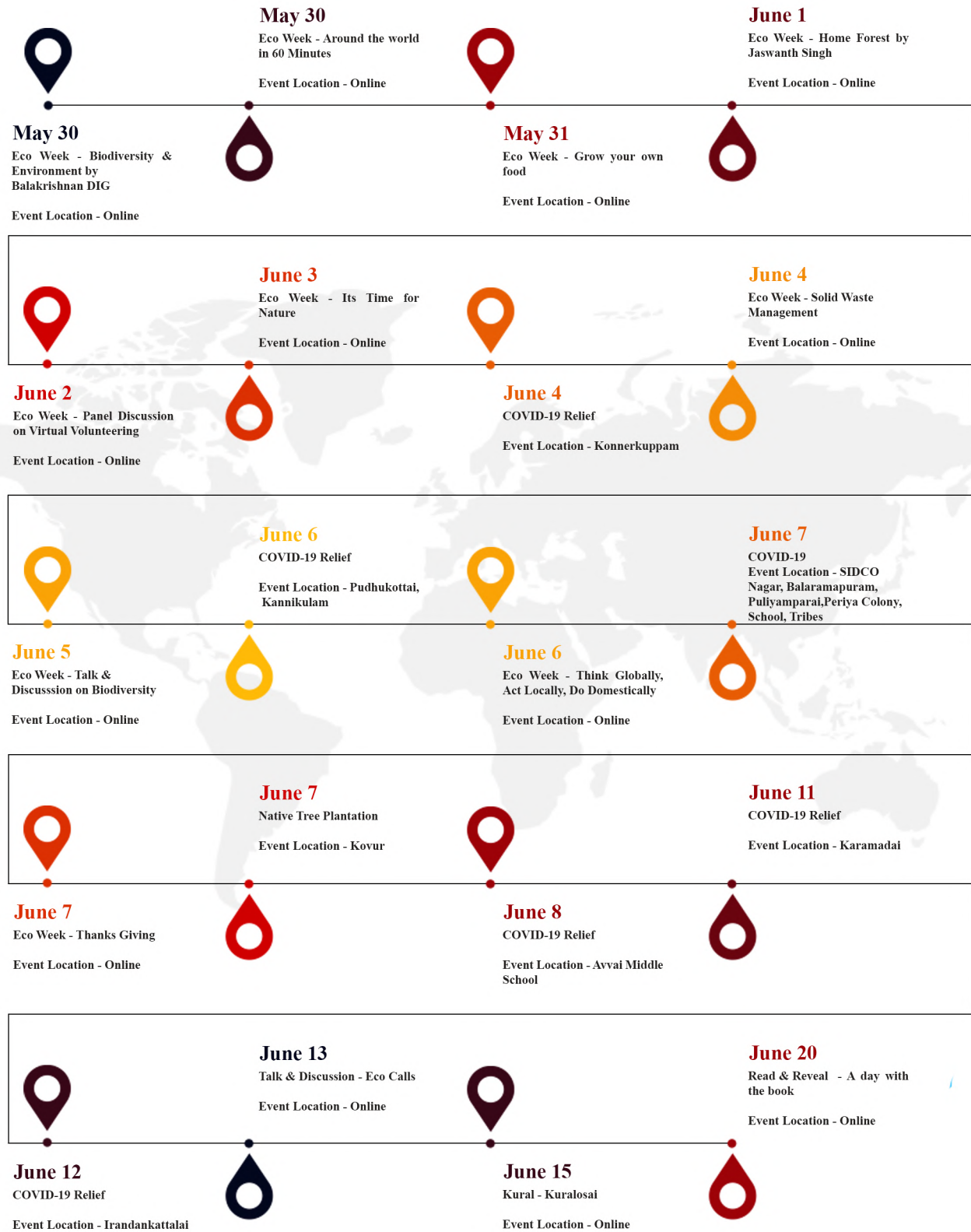
Thuvakkam announces the updation of the Board of Directors team. The team is well experienced and equipped in each of their domains at Thuvakkam for a long time now. Each person brings out different ideas onto the table for creating betterment and change among society. Every month one Board of directors will take up this space to bring to you the exclusive updates and recent happening at Thuvakkam and how we together are changing the world one step at a time!

Happy reading!

Be The Change.

Best Regards,  
Board of Directors

# Change Happenings



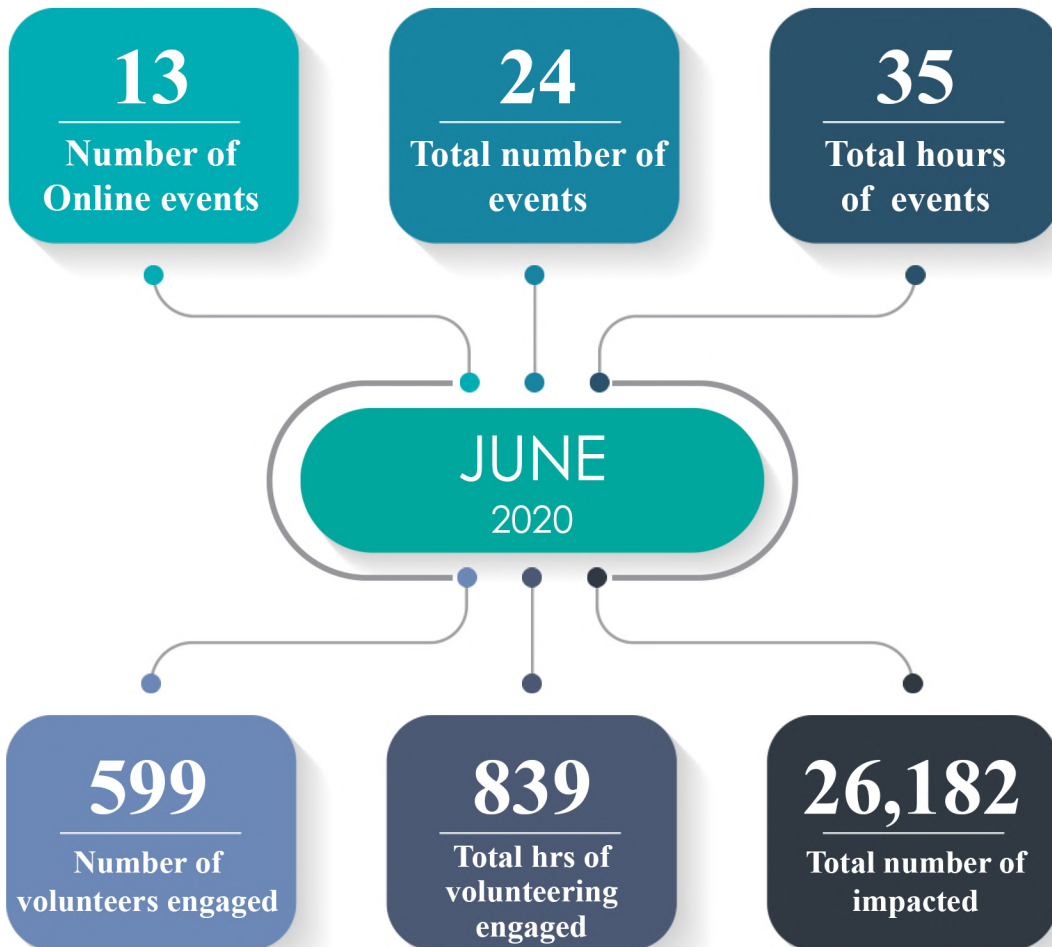


# Change Created

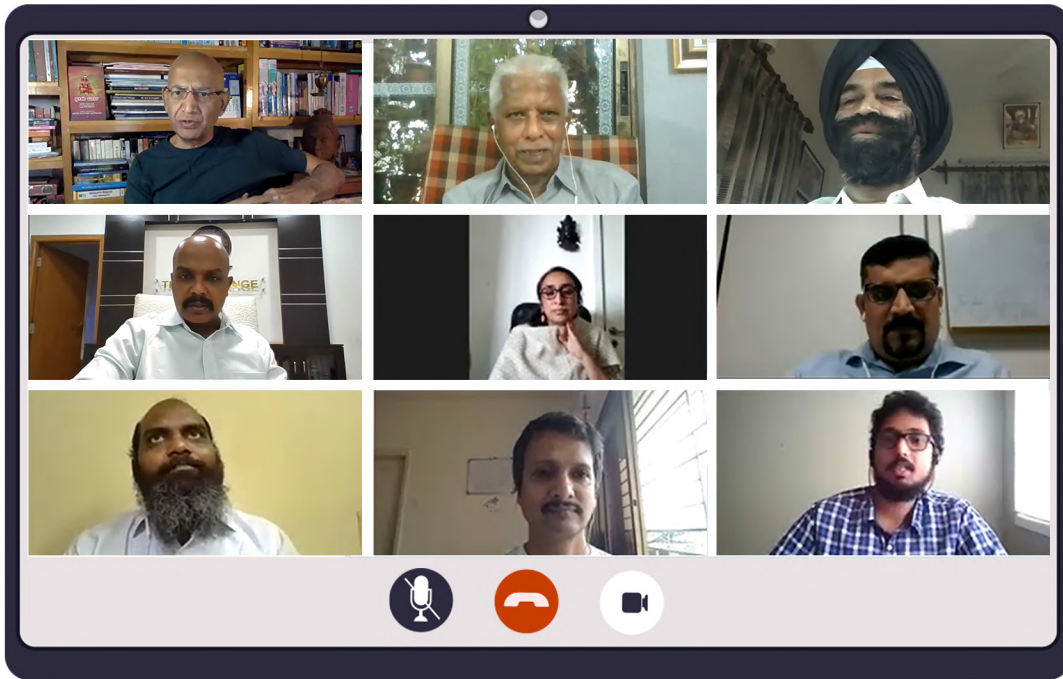
The worldwide pandemic humanitarian crisis led us to a new normality. While trying to manage the COVID-19 crisis, technology served us as a great boon to connect with volunteers, members, partners, and supporters. It also opened up new doors on virtual volunteering initiatives/events apart from our usual change events. Thuvakkam took up this opportunity and made the right impact at the right time to volunteers and the general public. Almost 50% of our events have been conducted virtually this month.

12 Environmental change events

12 Humanitarian change events



# Spotlight of the Month



## Eco week 2020

Thuvakkam's first Virtual Eco week was celebrated between 30th May to 7th June. As part of it we organized 10 events that included 5 virtual webinars, 1 DIY (Grow your own food), 1 Panel discussion, 1 Virtual tour, 1 Bio talk (discussion) and we ended our celebration by thanking many Environmental supporters.

Virtual webinars were given by Intellectual speakers such as **Mr. Balakrishnan IPS DIG, Mr. Jaswant Singh, Mr. Raja Krishnamurty, Ms. Kavya, Mr. Nirmal Exnora.**

"GROW YOUR OWN FOOD" was explained practically by our member **Mr. Dinesh babu** and through "Virtual tour- around the world" in 60 minutes we went to different continents and witnessed various biodiversity and beauty of those places virtually.

Our "PANEL DISCUSSION" on Virtual volunteering was made successful through eminent panelists from different corporates and NGOs who shone light in various areas and solutions of virtual volunteering. Talk and discussion on Biodiversity by our members was a simple interactive session with a lot of insights.

On Last day we ended by thanking our supporters and volunteers who supported us in various environmental related activities last year.





# Change movements captured!





# Wall of Praise

*"The roots of all goodness lie in the soil of appreciation for goodness."*

~ Dalai Lama

## "CNSI"

Thanks to our csr partner CNSI for extending your support and making our COVID19 mission possible.

-Thuvakkam

## "Cognizant"

Thuvakkam glad to partner with Cognizant Outreach in responding to the COVID-19 crisis in 8 districts in Tamil Nadu.

Through this partnership 703 families, 2800+ people from the most affected population benefited with essential dry rations.

-Thuvakkam

## "Thuvakkam Members"

Thank you for all making this First virtual Eco week a Grand success..It's gives us a lot of new learnings..There was a lot background behind all events..kudos to all who worked smartly to make it so good....

-Subbiah Kannan

## "Anbarasan"

Has always seen much sincerity and dedication in the untiring efforts put in by Mr. Anbarasan, President of Pasumai meetpu kuzhu, Gudalur. His desire is to reach all kinds of people who are left without food. He distributed groceries to 500 families with support of other NGO / organisations.

-Chandralekha

## "Thuvakkam Interns"

Very happy about all our Efforts whether it is a small or big! Intention Matters! Thank you all!

-Sirajudeen

## "Mahalakshmi"

We always feel that when situation is worse, we will always get the support to cross it through one such support was from you!! Not just because of the quantity but the timing and quality of help. We say our heartfelt thanks for this wonderful gesture from Thuvakkam and also on behalf of those struggling families.

-Senthil Mani

Every month this wall of praise will host up all the thanks notes that we get. You can send your thank you notes to Director - Operations by mail [externalrelation@thuvakkam.org](mailto:externalrelation@thuvakkam.org) (or) WhatsApp - 9444888937 (or) DM on discord - for members.

**Let us together count our blessings and be thankful for all that we have.**



**“CHANGE ACTIVIST”**

PRASANNA  
**“Volunteer  
of the Month-June”**



**“CHANGE CRUSADER”**

SUBBIAH  
**“Coordinator  
of the Month-June”**



**FB Change Impacts**

**Think Globally, Act Locally & Do Domestically  
with Nirmal Exnora (1.7k reach)**



94448 88937



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